Advancements and Challenges in Minimally Invasive General Surgery: A Literature Review

Luiza Maria Milanez Ronchi
Graduated in Medicine Ceres College
Address: v. Anísio Haddad, 6751 - Jardim Francisco Fernandes, São José do Rio Preto - SP, CEP: 15090-305
E-mail: luizamariamilanez@hotmail.com
ORCID: 0009-0008-1591-6114

Larissa Amoroso da Silva
Undergraduate student in Medicine Ceres College
Address: Av. Anísio Haddad, 6751 - Jardim Francisco Fernandes, São José do Rio Preto - SP, CEP: 15090-305
E-mail: lariamoroso.s@gmail.com
ORCID: 0000-0002-2123-2009

Adelcio Machado dos Santos
Post-doctorate in Knowledge Management Federal University of Santa Catarina
Address: Rua Prof. Egídio Ferreira, 271, bloco E, apto 303, Capoeiras, Florianópolis-SC, CEP: 88090-699
E-mail: adelciomachado@gmail.com
ORCID: 0000-0003-3916-972X

Felipe Silva Ribeiro
Graduating in Medicine
Instituto Tocantinense Presidente Antônio Carlos Porto
Address: Rua 02 Quadra 07 S/N Jardim dos Ipês, Porto Nacional - TO, CEP: 77500-000
E-mail: felipesilva.ribeiro@hotmail.com
ORCID: 0000-0002-8378-8985

Skarlett Ribeiro Raitez
Graduated in Medicine Lutheran University of Brazil
Address: Av. Farroupilha, 8001 - São José, Canoas - RS, CEP: 92425-020
E-mail: skarlett.ribeiro@gmail.com
ORCID: 0009-0003-6109-4485

Skhar Rubens Ribeiro Raitez
Graduating in Medicine FEEVALE University
Address: RS-239, 2755 - Vila Nova, Novo Hamburgo - RS, CEP: 93525-075
E-mail: skharrubens@hotmail.com
ORCID: 0009-0001-0477-4201

Luhen de Maria Freitas Macedo
Undergraduate student in Medicine
Institution: University of Gurupi (UNIRG)
Address: Av. Rio de Janeiro, Nº 1585, St. Central, Gurupi - TO, CEP: 77403 -090
E-mail: lumarmacedo@hotmail.com

Gabriel dos Santos Amorim
Graduating in Medicine University of Marília
Address: Av. Higino Muzi Filho, 1001 - Mirante, Marília - SP, CEP: 17525-902
E-mail: gamorim1@hotmail.com
ORCID: 0009-0003-2773-1081

Maria Fernanda Alegretti Furian
Undergraduate student in Medicine Catholic University of Pelotas
Address: R. Gonçalves Chaves, 373 - Centro, Pelotas - RS, CEP: 96015-560
E-mail: mariafernandaalegrettifurian@gmail.com
ORCID: 0009-0007-7719-2820

Rodrigo Daniel Zanoni
Medical Technical Director Irineu Mazutti Longevity Center
Address: Av. Brasil, 1111, Nova Veneza, Sumaré-SP, CEP: 13177-050
E-mail: drzanoni@gmail.com
ORCID: 0000-0001-7641-2851

ABSTRACT
This literature review provides a comprehensive overview of the latest trends and developments in this field. The paper highlights the benefits of minimally invasive surgery (MIS), which has become the gold standard for treating a variety of different surgical conditions.

Keywords: General Surgery, Minimally Invasive Surgical Procedures, Technological Development.

1 INTRODUCTION

This literature review provides a comprehensive overview of the latest trends and developments in this field. The paper highlights the benefits of minimally invasive surgery (MIS), which has become the gold standard for treating a variety of different surgical conditions.

2 METHODOLOGY

This article presents a systematic review of the literature, using the Pubmed, Scielo and Medline databases, with the objective of analyzing the benefits of minimally invasive surgery (MIS). A total of 38 articles that met the inclusion criteria were included and evaluated in terms of methodological quality. The results were grouped by similarity and presented descriptively. The review highlights the importance of MIS, provides up-to-date information on its benefits, and underscores the need for further research and innovation in this area, based on the available scientific literature

3 DISCUSSION

The use of smaller incisions, advanced technology, and specialized tools have led to reduced blood loss, postoperative pain, and shorter hospital stays. However, the article also acknowledges the challenges

faced by surgeons in performing MIS, including the need for specialized training, the use of longer instruments, and the limited visualization provided by endoscopes. Additionally, the article notes that there are still some limitations of MIS, such as the potential for increased false positive rates and the higher cost associated with robotic- assisted surgery. However, the article recognizes the potential of advanced imaging techniques to benefit MIS and the need for continued research to determine the advantages and disadvantages of MIS compared to traditional open surgeries.

4 CONCLUSION

It is concluded that the future of MIS looks bright and surgical training should be reviewed to ensure that surgeons are equipped with the necessary skills and tools to perform these new procedures. This discussion provides valuable insight into the current state of MIS and highlights the need for further research and innovation in this field.

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