



Evolution of sports practice in the municipality of Castro Daire

<https://doi.org/10.56238/homeIIsevenhealth-092>

Horácio António de Paiva Ribeiro

Physical Education Teacher - Castro Daire School Grouping (2014 - 2023)

Professor (2002 - 2023)

Cooperation Agent in East Timor (2013 - 2014)

City Councilor (2021 - 2023)

Municipal Deputy (2017 - 2021)

Intermunicipal Deputy (2017 - 2021)

Fire Chief (2015 - 2023)

Advisor to the National Council of the League of Firefighters (2017 - 2023)

Councillor of the Municipal Council for Social Action of Castro Daire (2019 - 2023)

Advisor to the Advisory Board of Mariana Seixas Professional School (2022 - 2023)

Member of the Municipal Commission for Civil Protection (2015 - 2023)

Member of the Board of the District Firefighters Federation of Viseu (2017 - 2023)

Soccer Coach (2000 - 2012)

Federated Athlete Soccer/Futsal (20 years old)

tlm 964 802 151 // email horacioribeiro@aecastrodaire.com

1 INTRODUCTION

Believing that physical activity determines, a fundamental role in our society, in general, promoting the health of the population and combating the consumption of substances harmful to the body and some risky behaviors. In particular, in the municipality of Castro Daire, with its characteristics of an inland municipality, it is even more important how policy makers make their choices. In this sense we will systematize some values on the evolution of physical activity, structured, in the years 2001, 2011 and 2021.

2 OBJECTIVE

Present values of sports practice in the municipality of Castro Daire in the years 2001, 2011 and 2021.

3 METHODOLOGY / DEVELOPMENT

Survey with the sports services of the data of sports practice in the municipality of Castro Daire, in the years 2001, 2011 and 2021.



Table 1 - Number of inhabitants in the Castro Daire municipality (2001, 2011, 2021)

2001	2011	2021
16990	15339	13736

Table 2 - Number of associations, modalities, players, sport technicians/teachers, in the years 2001, 2011, 2021, in the Municipality of Castro Daire

	2001	2011	2021	
Number of Associations	4	7	7	
Federated Modalities	1	4	6	Soccer, Futsal, Swimming, Athletics, Mountain Biking, Gymnastics
Sports Technicians (Teachers) SMD	0	3	10	SMD - Municipal Sports Service
Practitioners (federated)	120	220	360	
Practitioners' ages (years)	14 to 35	10 to 60	6 to 60	

4 CONCLUDING REMARKS

The sports service of the Municipality of Castro Daire in 2001 had no sports technician. All physical activity was developed, without any coordination, by the existing associations, in an organized way, only in soccer. In 2021, Castro Daire SMD had 10 technicians, who coordinate all the sports activity, in soccer, futsal, swimming, athletics, mountain biking and gymnastics. In this period of time we went from 120 to 360 practitioners.